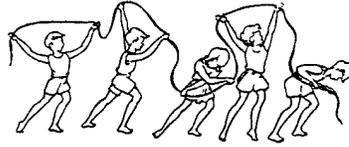


Terry L. Boyarsky



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## Music Vocabulary:

What's the most important word in the world? "Listen!"

Rhythm

Pulse or Beat

Vibration - Sound & Silence

Pattern

Ostinato

Dynamics

Timbre

Ensemble

Downbeat

Tempo

Timing - early? late? on time?

Pitch - how high? how low?

The Voice: Whisper - Chant - Sing - Rap - Shout

Audience & Performer & Conductor

Syncopation

Body Percussion

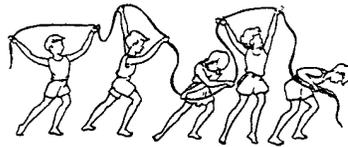
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2812 Fairmount Boulevard, Cleveland Heights, Ohio 44118

phone: 216-932-5825 mobile: 216-374-9204

e-mail: [tboyarsky@ameritech.net](mailto:tboyarsky@ameritech.net)

Terry L. Boyarsky



## Movement Vocabulary

1. Locomotor movement gets your body from here to there. There are many different ways to get from point A to point B. You could run, walk, skip, hop, leap, march, gallop, stride, strut, tiptoe, trot, slide, crawl, slither, scoot, roll, spin, crab-walk, cartwheel, and more.
2. Axial movement means staying in one place, gluing the feet to the floor. What body parts can you move without leaving your spot? Some words to describe this are: bend, twist, sway, swing, rotate, push, pull, stretch, contract.
3. Direction is going forward, sideward, backward, up, down, across, or turning.
4. Shapes are forms you make with your body. You could be long, round, angled, curly, stretched, fat or thin. Your body can form a statue or a gesture.
5. Spatial Orientation is like on a map or globe: North, South, East and West.
6. Body Facing is based on where your front (chest and face) is in relation to a partner, a group, a circle, or the room.
7. Balance is when you are totally aware and can control where your body is in space, either moving or standing still. If you are balanced and centered you can stand on one foot, leap across a stream, or hold a statue for a long time.
8. Quality of movement. There are lots of words describing how your body moves. Think of animals, machines, trees, plants, weather, emotions. (i.e. sustained, percussive, energetic, quiet, slow, fast, strong, weak, heavy, light, gentle, violent, heavily, hurried, tense, languid, angry, morose, enthusiastic.)
9. Leaders and followers: it's important to be good at both!
10. Choreography is the 4-dimensional master plan that weaves people together with movement and music. A "blueprint" of time, space and energy.

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e-mail: tboyarsky@ameritech.net